

Kent County EMS, Inc.
Community Paramedicine Protocol
Mild/Moderate Pain

Initial Date: 10/21/2019

Revised Date:

Section 11-8

Mild/Moderate Pain

This protocol provides guidance to the Community Paramedic/Mobile Integrated Health Paramedic (CP/MIHP) for the evaluation and treatment of a patient's painful complaints excluding abdominal pain or chest pain presumed to be cardiac in nature.

Purpose: Evaluation and treatment of patients with painful complaints. These may be but not limited to back pain, arthritis, or headache (after neurological rule-out).

TANDEM365 Directives:

1. Follow *General Treatment Protocol 11.2*.
2. If assessment findings reveal a painful complaint, the following may be recommended:
 - a. Advise the patient obtain and take Acetaminophen OTC 1000mg every 4-6 hours. Recommendation for acetaminophen is not to exceed more than 3G in 24 hours.
 - b. Advise patient to take any prescribed oral analgesic medication early, maximum of 2 hours, if maximum dosing has not been reached in a 24-hour period.
 - c. The CP/MIHP may administer ketorolac, 15mg IV or IM one time (excludes participants with Chronic Kidney Disease (CKD) unless additional approval from physician is obtained).
3. After treatment, the patient will be reassessed. Treatment goals include: Reduction of pain and increased mobility or function.
4. The CP/MIHP will communicate with the patient's care team as outlined in the *General Treatment Protocol 11-2* to develop a continuity plan.