



Hypothermia Cardiac Arrest

1. Follow **General Pre-hospital Care Protocol**.
2. Assess body temperature. If temperature is greater than 30° C (86° F), follow **Cardiac Arrest – General or Pediatric Cardiac Arrest – General**
3. Confirm cardiac arrest, begin CPR.
4. Protect against heat loss.
5. Apply heat packs, if available, to axillae, groin, and neck.
6. Administer warmed humidified oxygen, if possible.
-  7. Administer warmed NS IV/IO, if possible.
-  8. Follow **Cardiac Arrest – General or Pediatric Cardiac Arrest – General** except:
 - A. Limit defibrillation to a single attempt.
 - B. Follow medication administration with one administration of indicated medication(s).
-  9. Initiate transport per **MCA Destination or Transport Protocol**.

