

## ***Excited Delirium***

Indications: Patient who is an imminent physical threat to personnel and/or themselves.

### **Treatment**

1. Ensure ALS response
2. Follow **General Pre-hospital Care Protocol**
3. Coordinate with on scene law enforcement before any physical patient contact. Refer to **Patient Restraint Procedure**.
4. Obtain history when possible and perform a visual patient assessment looking for symptoms of ExDS. If an alternate cause of the behavior is likely, transition to the **Altered Mental Status Protocol**.



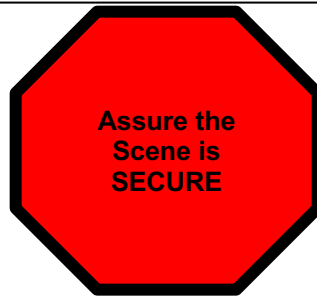
5. If the patient remains combative, following restraint by law enforcement:
  - a. Per MCA selection, administer  
**Midazolam 10 mg IM or 5 mg IN      OR      Ketamine 4 mg/kg IM.**

**MCA Selection  
(Choose One)**

- Midazolam 10 mg IM or 5 mg IN  
**OR**  
 Ketamine 4 mg/kg IM

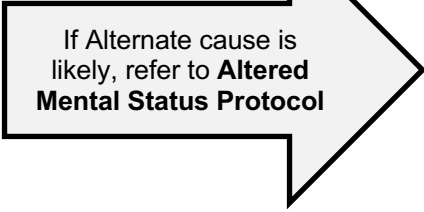
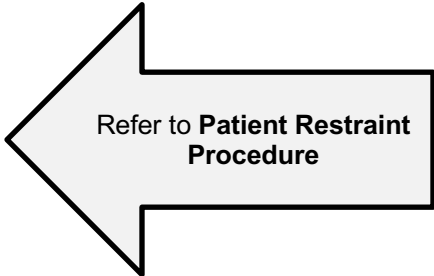
6. Obtain temperature
  - b. If hyperthermic, provide cooling – ice packs to neck, axilla and groin; fluids to skin
7. Provide fluid bolus of up to 2 L of NS
8. Restrain patient per the **Patient Restraint Procedure** in anticipation of the sedation wearing off.
9. Evaluate for other causes of Altered Mental Status including: **Alcohol, Epilepsy/Seizure, Insulin, Overdose, Uremia/Under dose, Cardiac, Hypoxia, Environment, Stroke, Sepsis, Trauma, Ingestion, Psych, Phenothiazines, Salicylates**
10. Monitor EKG, consider 12-lead if any evidence of hyperkalemia (peaked T waves, prolonged PR, widened QRS)
11. Monitor capnography, if possible
12. Additional sedation as needed, per **Patient Sedation Procedure**.





Follow **General Pre-hospital Care Protocol**

- Coordinate with **Law Enforcement** on scene before any physical patient contact
- Obtain history when possible
- Perform visual patient assessment looking for symptoms of Excited Delirium



Have **Law Enforcement** restrain patient

Per MCA Selection  
Administer **Ketamine (4 mg/kg IM) OR Midazolam 10 mg IM or 5 mg IN**

**MCA Selection (Choose One)**

Midazolam 10 mg IM or 5 mg IN  
**OR**  
 Ketamine 4 mg/kg IM



- If hyperthermic, provide cooling – ice packs to neck, axilla and groin; fluids to skin
- Provide fluid bolus of up to 2 L of NS
- Evaluate for other causes of Altered Mental Status including: **Alcohol, Epilepsy/Seizure, Insulin, Overdose, Uremia/Under dose, Cardiac, Hypoxia, Environment, Stroke, Sepsis, Trauma, Ingestion, Psych, Phenothiazines, Salicylates**
- Monitor EKG, consider 12-lead if any evidence of hyperkalemia (peaked T waves, prolonged PR, widened QRS)

