

Tracheostomy Tube Emergencies

Designation of Condition: Tracheostomy tubes are placed as a long term permanent airway device. These are often placed due to chronic airway and breathing conditions like birth defects—tracheal atresia, tracheomalasia; surgical complications—damage to phrenic nerve; trauma—post TBI. Look for possible complications including: nasal flaring, diaphoresis, chest wall retractions (possible abnormal breath sounds), attempts to cough, copious secretions from the the tube, AMS, cyanosis.

B

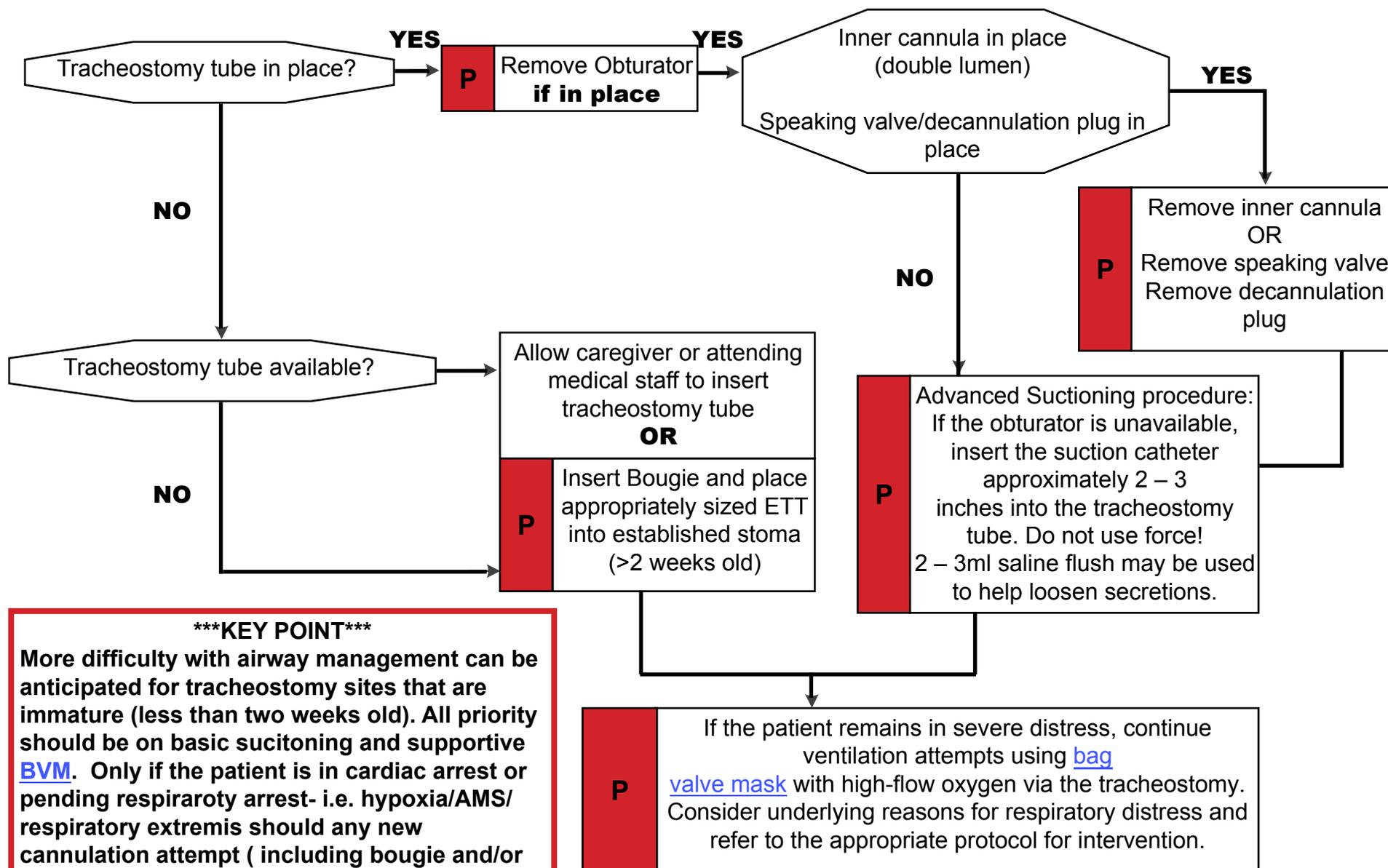
Consult with the patient's caregivers for assistance.

Assess tracheostomy tube: Look for possible causes of distress which may be easily correctable, such as a detached oxygen source.

If the patient's breathing is adequate but exhibits continued signs of respiratory distress, administer high-flow oxygen via non-rebreather mask or blow-by, as tolerated, over the tracheostomy.

Suction any **VISIBLE** mucus plugs to help clear airway but do not suction deep into the tracheostomy itself.

If patient's breathing is inadequate, remove from [ventilator](#) and assist ventilations using [bag valve mask](#) device with high-flow oxygen.



*****KEY POINT*****

More difficulty with airway management can be anticipated for tracheostomy sites that are immature (less than two weeks old). All priority should be on basic suctioning and supportive [BVM](#). Only if the patient is in cardiac arrest or pending respiratory arrest- i.e. hypoxia/AMS/ respiratory extremis should any new cannulation attempt (including bougie and/or ETT) be performed.