

# DNR or MOST

## EMS—DNR for DOH Reg. 94-10 or MOST

**Designation of Condition:** If the patient has a valid EMS-DNR Order, per DOH Reg. 94-10, or a “New Mexico Medical Orders for Scope of Treatment” (MOST) form, the specific of the document will be followed and care will be administered as outlined. The primary goal is to honor the terminal wishes of the patient and to prevent the initiation of unwanted resuscitation.

<b>B</b>	The EMS-DNR Order or MOST form does not affect the EMS provider’s ability to administer other emergency medical care, such as oxygen, and other comfort care measures.
	If, in the event, a patient is found in cardiac arrest and the family is unable to find the DNR form: Continue basic life support measures and obtain consensus from family while contacting MCEP for early termination

## Alternate DNR/Living Will/ Advanced Medical Directive

**Designation of Condition:** If the patient has an Alternate “Do Not Resuscitate” (DNR) Order, a “Living Will”, or an “Advanced Directive”, the specifics of the document will be followed and will be administered and judged appropriate by the Paramedic.

<b>B</b>	Contact MCEP If at the scene of a cardiac arrest:
	•While initiating basic life support, ask if the patient has an “Advanced Directive”, a “Living Will”, or a “Do Not Resuscitate” (DNR) form.

<b>P</b>	If the patient does not have a DNR, a “Living Will”, an “Advanced Directive”, or a MOST form that prohibits ACLS intervention in the event of cardiac arrest:
	If family members are present and ask that resuscitative efforts be withheld in the absence of an advanced directive, determine their relationship to the patient and the patient’s history. If the patient has an obvious life-limiting illness (terminal cancer, advanced neurological disease, etc.), resuscitative efforts may be withheld. If there is no obvious life-limiting illness, begin resuscitation based on appropriate protocol(s) and contact medical control for further guidance
	•Full ALS resuscitation efforts will be initiated. If the patient remains in cardiac arrest after completion of ACLS algorithms, resuscitation may be terminated after MCEP contact. The scene will then be considered an unattended death/crime scene until law enforcement and/or Office of the Medical Investigator (OMI) arrives at the scene.