

2.09 PAIN CONTROL

| BLS Treatment |
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| <ul style="list-style-type: none">• Position of comfort.• NPO• Oxygen as indicated. |
| ALS Treatment |
| <ul style="list-style-type: none">• IV/IO with Normal Saline TKO.• If pain score < 6 – give either PO Ibuprofen or IV Ketorolac (if no contraindications).• If pain score > 6 – IN/IV/IO Fentanyl OR IV/IM/IO Morphine.• Ondansetron as needed.• Document pain score and vital signs before and after medication administration on PCR. |
| Base Hospital Contact Criteria |
| <ul style="list-style-type: none">• Patients may NOT be released AMA after receiving Fentanyl or Morphine without Base Hospital Physician consult. |
| Notes |
| <ul style="list-style-type: none">• Fentanyl, Morphine and/or Midazolam may act synergistically to cause respiratory depression and should not be combined unless seizures or other indications for midazolam use is present. Contact Base Hospital MD for consultation if needed for this combined use.• If utilizing 2 or more doses of Fentanyl, Morphine, and/or Midazolam, patient shall be placed on continuous end tidal CO₂ monitoring. A trend of increasing EtCO₂ readings (2 or more readings, 10% or more, above baseline) indicates the need for immediate re-assessment of patient's respiratory status to include rate and depth of respirations. Ventilatory support should be provided as necessary to return ETCO₂ to baseline.• All injectable pain medications shall be cross-checked with a Paramedic (secondarily an EMT) for correct medication and dose at time of administration unless transporting in the back of an ambulance without a second attendant. |