

2.03 ALTERED MENTAL STATUS

BLS Treatment

- Position of comfort.
- NPO except as noted below.
- **Oxygen** as indicated.
- Check blood glucose (if EMT has been trained).
- Administer **Glucose Paste** or **Oral Glucose** to known diabetic patients with symptoms of hypoglycemia. Patient must be conscious and have an intact gag reflex.
- If opiate overdose is suspected AND respiratory depression are not responsive to BLS airway management: administer **Naloxone** IN if EMT has been trained.

ALS Treatment

- IV / IO of **Normal Saline** TKO.
- Check blood glucose:
 - If blood glucose is <60 mg/dl, unmeasurable, or patient is a known diabetic: administer **Dextrose**.
 - If blood glucose < 60 mg/dl and IV cannot be established: administer **Glucagon**.
- If opiate overdose is suspected AND respiratory depression are not responsive to BLS airway management: administer **Naloxone** IN, IV or IM.