

IBUPROFEN

ACTION: Non-Selective COX Inhibitor

- Analgesic effective for mild to moderate pain.
- Additionally has anti-pyretic and anti-inflammatory properties.

INDICATIONS:

- Management of acute mild to moderate pain as described by patients as a pain score of 6 or less.

CONTRAINDICATIONS:

- Known allergy or hypersensitivity to NSAIDS
- Acute significant trauma (see notes)
- Acute neurologic symptoms (including focal weakness, paresthesias or other stroke symptoms)
- Hemophilia
- Pregnant or high possibility of pregnancy as reported by patient
- History of GI bleeding or ulcers
- Current aspirin or anticoagulation therapy
- History of renal disease, or kidney transplant
- Age < 6 months

POTENTIAL SIDE EFFECTS:

- Nausea
- Upset stomach
- Rash
- Headache
- Hypertension
- GI bleed

ADULT DOSE/ROUTE:

⇒ 400 mg PO x 1 dose.

PEDIATRIC DOSE/ROUTE:

⇒ 10 mg/kg PO up to 400 mg total dose.

NOTES:

- The median onset of pain relief with ibuprofen is approximately 25 minutes.
- Ibuprofen will not interact with IV/IO/IN opiate analgesics such as fentanyl if additional pain control is needed.
- Ibuprofen administration in combination with alcohol use may increase risk of GI bleeding.
- Significant trauma consists of injuries that would require trauma center destination criteria, or those as a result of which the paramedic is concerned for internal/difficult to control hemorrhage.

*Effective: 10/29/18
Supersedes: New*