

DIPHENHYDRAMINE (BENADRYL®)

THERAPEUTIC EFFECTS	Inhibits the release of histamine, thereby reducing bronchoconstriction and vasodilation.		
INDICATIONS	<ol style="list-style-type: none"> 1. Anaphylaxis 2. Mild or moderate allergic reaction 3. Urticaria 		
CONTRAINDICATIONS	<ul style="list-style-type: none"> ✓ Lower respiratory distress ✓ Hypersensitivity to Benadryl® 		
PRECAUTIONS/SIDE EFFECTS	May induce hypotension, headache, palpitations, tachycardia, sedation, drowsiness and disturbed coordination.		
ADULT DOSAGE/ROUTE	Indication 1	Indication 2	Indication 3
	50 mg IV/IO. May be given IM, if no access.	25-50 mg IV/IM.	25-50 mg IV/IM.
PEDIATRIC DOSAGE/ROUTE	1 mg/kg IV/IO/IM. Maximum dose of 50 mg.		