

PANDEMIC INDEX OF SEVERITY FOR TRIAGE (PIST)

Figure A.5: Pandemic Index of Severity for Triage

Points	Indications
4	Fever > 100°F (without the use of antipyretics) or > 99°F (with the use of antipyretics)
6	Respirations > 30
13	Pulse oximetry < 90 %
13	Systolic BP < 90 with associated signs of hypotension
3	Pulse > 125
7	Altered mental status
3	Age (3 points if ≤ 25)
3	Pregnancy
2	Significant comorbid illness (stroke, CHF, asthma, diabetes, COPD, suppressed immune system, kidney disease and neuromuscular disorders)
Total:	

ADMISSION TO HOSPITAL: SCORE > 12 OR

- ✓ Toxic appearance or rapid decompensation (especially important in patients < 25 and pregnant women).
- ✓ Patients whose level of disability or medical complexity (e.g., on dialysis, quadriplegia, dementia, etc.) would overwhelm the ability of assigned staff to provide basic care for other patients at Alternate Care Centers.

ADMISSION TO ALTERNATE CARE CENTER: SCORE > 12 AND

- ✓ Needs closer monitoring and nursing care (for example; IV fluids, IV antibiotics, etc.)

- ✓ Unable to care for self
- ✓ No hospital beds available.

DISCHARGE TO HOME:

- ✓ Poor prognosis and unlikely to benefit from hospitalization
- ✓ Score < 12 and able to care for self or has caregiver and able to return if symptoms worsen.

PERSONAL PROTECTIVE EQUIPMENT (PPE):

- ✓ Respiratory masks
- ✓ Antiseptics
- ✓ Bleach for household surfaces

ISOLATION: Keep separated from other family members as much as possible, use hand washing, and dispose of tissues in plastic bags. Wear respiratory mask when outside the home. Patient should remain isolated from other persons for at least 24 hours after fever breaks. If healthcare providers should become infected, they should remain isolated from other persons for at least 7 days after the onset of symptoms. 911 EMS: the ability of EMS to deliver patients to a non-hospital will require changes in current state statutes, which may come about in the context of a declaration of emergency.

¹⁰There must be a local or state declaration of an emergency under the provisions of RCW 38.52. A local declaration must be made by the local executive and EMS providers are registered as emergency workers under state law (38.52) and under the direction of the Spokane Regional Health District Officer, a physician delegate to the Spokane County MPD.