

## IV FLUIDS

Lactated ringers (LR) is the preferred fluid for volume expansion in most situations, including major trauma, blood loss for any reason, burns, and sepsis.

However, 0.9% normal saline should be used in the following situations, if available:

- ✓ Acute stroke of any type
- ✓ Acute traumatic brain or spinal cord injury
- ✓ Severe metabolic or respiratory alkalosis