

APGAR SCORING

Fig. A.1: APGAR Score Test

	Sign	0	1	2
A	Activity (Muscle Tone)	Limp	Some Flexion of Extremities	Active Motion
P	Pulse (Heart Rate)	Absent	< 100	> 100
G	Grimace (Reflex Irritability, Nasal Center)	No Response	Grimace	Coughs, Sneezes
A	Appearance (Skin Color)	Blue/Pale	Extremities Blue	Completely Pink
R	Respiratory Effort	Absent	Slow/Regular	Good Crying