

ACUTE EPISTAXIS (NON-TRAUMA)

1. Maintain airway and oxygenation.
2. Have the patient blow their nose free of clots.
3. Administer 2-3 sprays of a vasoconstrictor into each bleeding nostril.
4. Apply pressure by pinching the nostrils together for up to 15 minutes to help control bleeding.
5. If significant blood loss apparent and/or signs of shock, administer IV of NS at a rate that will maintain adequate blood pressure.