

## HEAT STROKE

1. Obtain vital signs and perform secondary survey, as indicated.
2. Obtain core temperature with wide range thermometer. Repeat q 5 minutes.
3. Apply cardiac monitor.
4. Move patient to cooler environment, and remove clothing. Cool aggressively with wet sheets, cool packs, and/or evaporative airflow. Lower body temperature to 102° F (39°C).
5. Administer high flow **O<sub>2</sub>**. Establish ET intubation, if necessary.
6. Establish IV/IO access.
7. Administer trial of volume infusion, unless **pulmonary edema** develops.
8. Treat **seizures**, **arrhythmias**, or unconsciousness per appropriate protocol.