

#### POLICY ADULT M15 ENVENOMATION-BITES-STINGS

Effective Date: November 18, 2018
Last Review: October 3, 2011
Next Review: November 2020

Authority: Health and Safety Code, Division 2.5, California Code of Regulations, Title 22, Division 9

**DEFINITION:** May present as a localized reaction with redness, pain and swelling at the site or a systemic reaction such as itchiness, flushing of skin, rash, urticaria, tachycardia, and anaphylaxis.

# **Insect Bites and Stings:**

- 1. Assess wound, remove stinger by scraping with an edge of a stiff object such as a credit card edge.
- 2. May use localized ice pack for pain and swelling. Do not apply ice directly to the skin.

# **Black Widow Spider Bites:**

- 1. Localized signs and symptoms include immediate pain, redness and swelling at the injection site.
- 2. Systemic signs and symptoms may include progressive muscle spasms, severe abdominal pain, N/V, sweating, seizures, paralysis, hypertension, diminished level of consciousness.

### **Snakebites:**

- 1. DO NOT TRANSPORT a live snake, even if you think it is dead, do not touch. Pictures are good.
- 2. Do not apply ice.
- 3. Do not incise or attempt to suck the venom from the wound.
- 4. Do not apply constricting band or tourniquet. If constricting band or tourniquet has been applied prior to arrival do not release.
- 5. Pain, edema and discoloration may be present.
- 6. Systemic signs and symptoms may be present including:
  - a. Nausea/Vomiting, weakness, diaphoresis, chills, or dizziness.
  - b. Change in taste may be reported as a minty, rubbery, or metallic taste.
  - c. Tingling, numbness, and fasciculations (spasms) of face.

## **BLS TREATMENT:**

**OXYGEN:** as appropriate, goal to maintain SPO2 at least 94%, assist ventilations as necessary

**VITALS:** assess vitals frequently, every 5 minutes if hypotensive; refer to **M6 Allergic Reaction Protocol** if necessary.

**BLOOD SUGAR CHECK:** test blood sugar treat as appropriate.

**CHECK TEMPERATURE:** assess temperature and keep the patients warm

**NPO:** Do not give patient anything to eat or drink.

**IDENTIFY:** note location of the wound and identify extent of redness or swelling mark it; mark affected area and track swelling every fifteen minutes.

**IMMOBILIZE:** immobilize affected extremity; remove distal jewelry; assess circulation, sensation and motor function before and after immobilization.



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## ALS TREATMENT:

**MONITOR:** treat arrhythmias as appropriate.

IV ACCESS: establish IV/IO rate as appropriate; if SBP is less than 90mmHg give 500 ml bolus and repeat as indicated

until SBP is greater than 90 mmHg; refer to M6 Allergic Reaction Protocol if necessary.

PAIN MANAGEMENT: treat pain as appropriate to M2 Pain Management Protocol.

**BLACK WIDOW SPIDER BITE:** if muscle spasms are severe; **MIDAZOLAM** - 2 mg IV/IO push. Titrate in 1 mg increments to control muscle spasms max dose 5 mg IV/IO; 5 mg IN or IM if no immediate IV/IO access available; may repeat once after 10 minutes if spasms continue.

## **CONSIDERATIONS:**

Monitor patient for signs of anaphylaxis, especially from insect stings.