

Patient Referral Guideline for Sobering Center

Standard:

To establish guidelines for referring individuals to the Sobering Center.

Purpose:

To establish criteria for ATCEMS referral of persons via an approved alternative transport and/or to specialized healthcare resource(s) in order to facilitate more appropriate evaluation and care.

Application:

General Applicability:

1. Age \geq 18 years of age.
2. Does not require special precautions for infectious diseases.
3. Patient does not meet any alert criteria.
4. Will not require monitoring, re-evaluation of treatment, or ongoing treatment during transport.
5. No attempted overdose using an illicit drug or medication, prescription or over the counter.

Immediate Exclusion Criterion:

If the patient meets any exclusion criterion, then the patient must be transported to an Adult or Pediatric ED per COG transport requirements.

1. Any patient with ongoing bleeding, wounds requiring repair, or suspected head injury.
2. Any acute neuro-focal changes.
3. GCS $<$ 13, Syncopal episode, Seizure $<$ 24 hour
4. Complaint of chest pain or shortness of breath
5. Has been and/or is expected to be violent
6. Evidence of GI bleeding
7. Evidence of suicidal/homicidal ideation
8. Suicide attempt within last 48 hours
9. Female of childbearing age with any of the following:
 - a. Localized abdominal pain
 - b. LMP \geq 12 weeks ago
 - c. Unusual or unexpected vaginal bleeding or discharge

Vital Sign Requirements:

1. Respiratory rate $>$ 10 and $<$ 24
2. SpO₂ \geq 92%
3. Pulse is $<$ 130 and $>$ 50
4. SBP $<$ 180 or \geq 90, DBP $<$ 120 or $>$ 50, and no associated symptoms such as headache, neurologic changes, chest pain, or shortness of breath.

Minor superficial abrasions may be evaluated for underlying injury and dressed as needed by EMS.

If the individual meets General Applicability and Vital Sign Requirements, but none of the Immediate Exclusion Criterion, then the patient may be referred to the Sobering Center.