



Spinal Motion Restriction

Refer to [Spinal Motion Restriction Clinical Procedure](#) and Related [Trauma](#) COGs as Needed

Spinal Motion Restriction Checklist

For blunt force trauma patients, **SMR is needed when:**

- Obvious injury
- Midline tenderness
- Pain with movement
- Distracting injury
- Communication impairment
- Neuro abnormalities

If none of the signs or symptoms are present, then SMR is not required.