

Donning & Doffing Coverall PPE for Infection Control (≥ PL1)

Clinical Indications:

Interacting with a patient suspected to be experiencing an infectious disease. This clinical procedure compliments the clinical procedure for respiratory precautions CP-56. This clinical procedure is focused on donning & doffing both routine and additional PPE.

Contraindications:

Not Applicable

Notification:

All movements should be slow and methodical to reduce risk of contamination, an assistant should be used whenever possible.

Coverall Precautions – PPE Donning Procedure:

1. What is your plan for doffing?
2. Select the appropriately sized coverall based on the chart on page 2 of this document.
3. Remove items that could tear, rip, or puncture PPE

4. Tie long hair back or secure.
5. Secure glasses as needed.
6. Examine PPE to ensure no rips or other defects.

7. Add an 8-inch length of folded tape to Coverall zipper tab. This will make the zipper easier to grab during doffing.
8. Perform hand hygiene.
9. Don one pair of gloves.

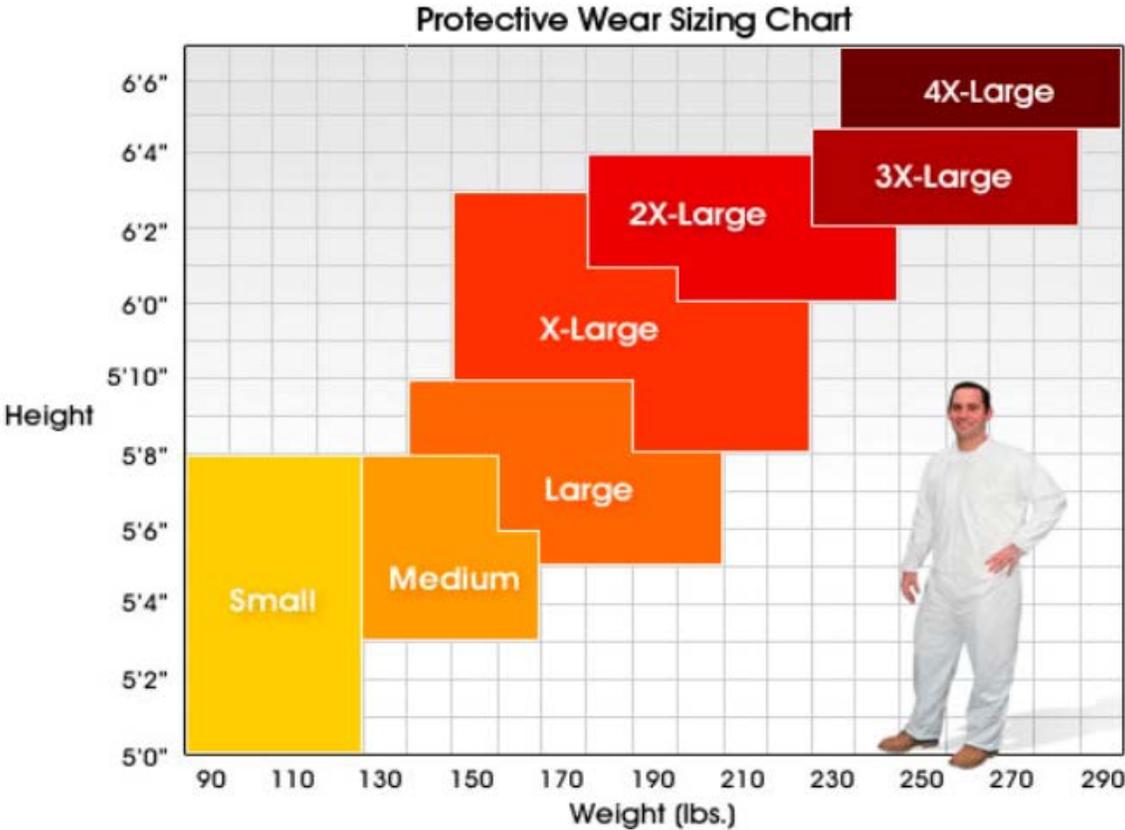
10. Don appropriately sized coverall (per chart below), zip to top and keep hood down.
11. If coverall does not have boot covers or boot covers are needed, don boot covers.
12. Don second set of gloves (over the inner gloves), pull cuffs over the arms of the Coverall suit.

13. Don disposable gown over Coverall suit, thumb/wrist gauntlet.
14. Don Fit tested N95 mask
15. Don Eye protection

16. Don Coverall suit hood.
17. Don forehead mounted full face shield over hood.
18. Don third pair of exam gloves, (consider a larger sized glove)

View the Don/Doff procedure at <https://vimeo.com/403812949/c815f56b63>

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Coverall Precautions – PPE Doffing Procedure:

1. Review this procedure prior to doffing. Locate an appropriate space to do this. Make a plan!
2. Check PPE for visible contamination. If visible contamination is present, wipe off with disinfectant wipes. Wipe from body in a direction away from head/torso.
3. Perform hand hygiene

4. Remove forehead mounted face shield. Grasp the sides of the shield and lift upwards and away from head. Place in a safe area for decontamination later.
5. Perform hand hygiene.
6. Remove gown:
 - a. Note: Provider will keep chin raised and lean forward during following steps to help prevent accidental cross contamination.
 - b. Grasp front of gown at the waist with both hands; gently pull forward, breaking the waist ties.
 - c. Provider will cross hands, grab gown at opposite shoulders and pull away from body, tearing the gown behind the shoulders. Provider shall continue to pull the gown away from the shoulders, rolling in a slow steady, downward motion. Provider should pull the gown down the arms, gathering it into a small bundle.
 - d. When gathered gown reaches the wrists, Provider shall remove it from the hands, removing outer most gloves only, and place into appropriate disposal receptacle.
 - e. If outer most gloves did not come off, remove gloves and place into disposal receptacle. Use glove in glove technique.

7. Perform hand hygiene.
8. If applicable, remove booties by rolling them downward and outward from the top cuff. When the heel of the shoe is reached, provider should lift heel slightly and continue rolling to arch of foot. Place heel back on ground and lift toe, continue to roll bootie forward and remove once completely rolled at toe. Place into disposal receptacle. Repeat for other foot. A chair may be utilized if necessary but would require decontamination.
9. Perform hand hygiene.

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10. Remove coverall:
 - a. Provider will keep chin raised and lean forward during following steps.
 - b. Provider will wipe anterior surface of coverall with disinfectant wipe. This includes neck and hood.
 - c. Perform hygiene.
 - d. Unzip coverall to bottom of zipper.
 - e. Pull hood back with hands and pull each shoulder back, taking care to touch only the outside of the coverall.
 - f. Using gloved hands, gently push the suit downward to the ground. When the coverall is around your ankles gently pull your arms up but not out of the sleeves.
 - g. With your hands still in the sleeves, pull coverall off one foot and step backwards out of the suit. Repeat for other foot.
 - h. With your hands still in sleeves, gather up the coverall, balling it and place in disposal receptacle, removing second pair of gloves only.
 - i. If second pair of gloves did not come off, remove using glove in glove technique.

11. Perform hand hygiene.
12. Remove eye protection and place in safe area for decontamination later.
13. Perform hand hygiene.
14. Bend forward. Remove N95 mask taking care to touch only straps, pulling over head and forward. Place in disposal receptacle.
15. Perform hand hygiene.

16. Remove inner most gloves and place in disposal receptacle. Use glove in glove technique.
17. Perform hand hygiene.
18. Decontaminate eye protection and forehead mounted face shield. Remove bulk contamination.

19. Saturate nooks, cracks and crevices with disinfectant cleaner and allow to dry.
20. Perform hand hygiene.
21. Remove gloves using glove in glove technique.

22. Perform hand hygiene to include forearms
23. Assist assistant in doffing of PPE ensemble, if necessary.
24. Follow department guidelines for ambulance decontamination, showering and uniform change.