

Adult Post-Resuscitation Cardiac Arrest Care

Designation of Condition: Adult patient with return of pulses (ROSC) after cardiac arrest.

B	<p>Maintain airway. Suction, as needed.</p> <p>Avoid hyperoxia. Maintain SpO₂ ≥90%.</p> <p>Frequent reassessment of vital signs (include BGL and temperature)</p> <p>If patient is still breathing spontaneously: assist native respiratory rate</p> <p>If patient is apneic: target EtCO₂ 35-45mmHg (approx. 10-12rpm)</p> <p>Obtain 12-Lead ECG and transmit to destination hospital.</p> <p>Raise head of bed to 30 degrees.</p> <p>If unconscious: Allow permissive hypothermia. Consider active hypothermia (apply cold packs to axilla, groin and side of neck). Target temp 36C/96.8F.</p> <p>Transport with Mechanical Compression Device in position on patient.</p>
I	<p>Ensure IV/IO patency.</p> <p>If BGL < 60mg/dL, treat per Diabetic Emergencies Guideline.</p>

