

8.03 D. Allergic Reaction / Anaphylaxis

CLINICAL CRITERIA FOR DIAGNOSIS OF ANAPHYLAXIS

For Anaphylaxis diagnosis, follow the criteria based on allergen exposure :
KNOWN, PROBABLE, or UNKNOWN.

If anaphylaxis criteria not met, treat for Allergic Reaction and monitor the patient closely. Start "Anaphylaxis" Treatment if the criteria is met at a later time.

*^a Repeat Epi or Certadose Epi Kit or EpiPen/EpiPen Jr. every 5-10 min. if continued Anaphylaxis symptoms.

*^b Ref. Table 8-2 and Table 8-3.

Known Exposure

Anaphylaxis if ONE Criteria Present

- **Cardiac Dysfunction**
 - Hypotension (age specific)
 - Syncope
 - Altered Mental Status
- **Respiratory Compromise**
 - Dyspnea
 - Wheeze/Stridor
 - Cyanosis
 - Bronchospasm
 - Hypoxemia
 - Change in Voice
 - Feeling of Throat Swelling

Probable Exposure

Anaphylaxis if ≥ 2 Criteria Present

- **Cardiac Dysfunction**
 - Hypotension (age specific)
 - Syncope
 - Altered Mental Status
- **Respiratory Compromise**
 - Dyspnea
 - Wheeze/Stridor
 - Cyanosis
 - Bronchospasm
 - Hypoxemia
 - Change in Voice
 - Feeling of Throat Swelling
- **Skin / Mucosal Involvement**
 - Hives
 - Angioedema/Swelling
 - Pruritis
 - Flushing
- **Persistent GI Symptoms**
 - Vomiting
 - Diarrhea
 - Crampy Abdominal Pain

Unknown Exposure

Anaphylaxis if Skin / Mucosal Involvement

- **Skin / Mucosal Involvement**
 - Hives
 - Angioedema/Swelling
 - Pruritis
 - Flushing

PLUS ONE Additional Criteria Present

- **Cardiac Dysfunction**
 - Hypotension (age specific)
 - Syncope
 - Altered Mental Status
- **Respiratory Compromise**
 - Dyspnea
 - Wheeze/Stridor
 - Cyanosis
 - Bronchospasm
 - Hypoxemia
 - Change in Voice
 - Feeling of Throat Swelling

